



SEND Occupational Therapy Newsletter

Autumn Term



Birmingham Families

Sensory Circuits at Home

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. Learn about how to structure a sensory circuit through our online training. This training also explores how a sensory circuit can be used within routines such as mealtimes and bedtimes.

Feedback: "The children are always excited to attend. Children have commented it makes them feel calmer"

1st October 2026 at 10:00-11:30

Virtual training booked via Eventbrite

www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623

Top Tip!

Fastening buttons

When learning to fasten buttons children can engage in games to develop the skills, they need to be able to fasten buttons. For some activity ideas scan the QR code.



When learning new skills, it is important to involve the child's interests. Think about how you can bring in their favourite characters, TV shows or films into games.

Contact Us!

OT Advice Line: Parents, professionals and education staff can contact the OT advice line to gain OT advice and signposting on children's OT needs.

OT Website:

www.bhamcommunity.nhs.uk/paediatric-occupational-therapy

