

Day	Date	Year 7	Year 8	Year 9	Year 10	Year 11
Wednesday	02 September 2026	Feelings about starting secondary school	Growth vs Fixed Mindset	Growth vs Fixed Mindset	Growth vs Fixed Mindset	Growth vs Fixed Mindset
Thursday	03 September 2026					
Friday	04 September 2026					
Monday	07 September 2026	Unifrog - Who am I?	Unifrog - what are my interests	Unifrog - what are my skills	Unifrog - reflecting on my career journey - past, present & future	Unifrog - what are my employability skills?
Tuesday	08 September 2026					
Wednesday	09 September 2026					
Thursday	10 September 2026					
Friday	11 September 2026					
Monday	14 September 2026	Thriving in Secondary School	What is money and what does it mean to me?	Difference between equality & equity	Healthy relationships - consent - pressure, persuasion & coercion	Different types of committed relationships / legal status of marriage
Tuesday	15 September 2026					
Wednesday	16 September 2026					
Thursday	17 September 2026					
Friday	18 September 2026					
Monday	21 September 2026	Making new friends	Values & attitudes to money?	What is discrimination?	Healthy relationships - risks of unprotected sex	Pregnancy Safety / parenting
Tuesday	22 September 2026					
Wednesday	23 September 2026					
Thursday	24 September 2026					
Friday	25 September 2026					
Monday	28 September 2026	Dealing with fallouts	Basic Banking	Discrimination - racism	Healthy relationships - intimacy without having sex	Decisions around unwanted pregnancy / miscarriage & still birth
Tuesday	29 September 2026					
Wednesday	30 September 2026					
Thursday	01 October 2026					
Friday	02 October 2026					
Monday	05 October 2026	Managing emotions	Phones & financial risk	Discrimination - homophobia	Healthy relationships - sexual harassment - upskirting & sexting	Healthy Relationships / Unhealthy relationships
Tuesday	06 October 2026					
Wednesday	07 October 2026					
Thursday	08 October 2026					
Friday	09 October 2026					
Monday	12 October 2026	Growth vs Fixed Mindset	The pressure to spend extra	Discrimination - Islamophobia	Healthy relationships - pornography	Power & control in relationships / ending relationships
Tuesday	13 October 2026					
Wednesday	14 October 2026					
Thursday	15 October 2026					
Friday	16 October 2026					
Monday	19 October 2026	Reflections on first half term & goal setting	money matters - seeking help & support	Discrimination - gender based violence: misogyny	Healthy relationships - reporting abuse	Contraception / Sexual Health
Tuesday	20 October 2026					
Wednesday	21 October 2026					
Thursday	22 October 2026					
Friday	23 October 2026					
Monday	26 October 2026	October Half-term				
Tuesday	27 October 2026					
Wednesday	28 October 2026					
Thursday	29 October 2026					
Friday	30 October 2026					
Monday	02 November 2026	Unifrog - exploring dream jobs	Unifrog - job applications	Unifrog - choosing what to study at KS4	Unifrog - exploring employer profiles	Unifrog - post 16 - choices, choices
Tuesday	03 November 2026					
Wednesday	04 November 2026					
Thursday	05 November 2026					
Friday	06 November 2026					
Monday	09 November 2026	What is bullying	Social media - the business of influence	Romantic relationships - values & healthy relationships	Internet Safety - how does AI affect daily life?	What are cryptocurrencies / risks of cryptocurrencies
Tuesday	10 November 2026					
Wednesday	11 November 2026					
Thursday	12 November 2026					
Friday	13 November 2026					
Monday	16 November 2026	difference between banter & bullying	social media - feeding the algorithm	Romantic relationships - consent & avoiding assumptions	Internet Safety - limitations of AI	Controlled online spending / uncontrolled online spending
Tuesday	17 November 2026					
Wednesday	18 November 2026					
Thursday	19 November 2026					
Friday	20 November 2026					
Tuesday	24 November 2026	Introduction to social media	social media - mis/disinformation online	Romantic relationships - contraception	Internet Safety - how does AI affect the understanding of the world?	What is financial exploitation / support after financial exploitation
Wednesday	25 November 2026					
Thursday	26 November 2026					
Friday	27 November 2026					
Monday	30 November 2026					
Tuesday	01 December 2026	Cyberbullying	social media - how to act online	Romantic relationships - STIs	Internet Safety - how do chatbots affect relationships?	What is money laundering / social agency
Wednesday	02 December 2026					
Thursday	03 December 2026					
Friday	04 December 2026					
Monday	07 December 2026					
Tuesday	08 December 2026					
Wednesday	09 December 2026					
Thursday	10 December 2026					
Friday	11 December 2026					
Monday	14 December 2026	online risks: privacy	social media - sexualised media	Romantic Relationships - pornography	Internet safety - reporting concerns about online content	Gangs - how does it start / Gangs - getting out
Tuesday	15 December 2026					
Wednesday	16 December 2026					
Thursday	17 December 2026					
Friday	18 December 2026					
Monday	21 December 2026	Christmas Holidays				
Tuesday	22 December 2026					
Wednesday	23 December 2026					
Thursday	24 December 2026					
Friday	25 December 2026					
Monday	28 December 2026	Christmas Holidays				
Tuesday	29 December 2026					
Wednesday	30 December 2026					

Thursday	31 December 2026					
Friday	01 January 2027					
Tuesday	05 January 2027	Unifrog - what is a career?	Unifrog - challenges & rewards of works	Unifrog - What comes after school - main learning pathways	Unifrog - what type of career is best for me?	NA
Wednesday	06 January 2027					
Thursday	07 January 2027					
Friday	08 January 2027	Personal Hygiene	healthy relationships & consent	Mental Health - healthy coping strategies	Gender based violence	NA
Monday	11 January 2027					
Tuesday	12 January 2027					
Wednesday	13 January 2027					
Thursday	14 January 2027					
Friday	15 January 2027	Oral Health	Introduction to romantic relationships	Mental Health - unhealthy coping strategies	FGM	NA
Monday	18 January 2027					
Tuesday	19 January 2027					
Wednesday	20 January 2027					
Thursday	21 January 2027					
Friday	22 January 2027	Introduction to puberty	sharing of nudes	mental health - drugs & alcohol	Forced Marriage	NA
Monday	25 January 2027					
Tuesday	26 January 2027					
Wednesday	27 January 2027					
Thursday	28 January 2027					
Friday	29 January 2027	mentrual wellbeing	sexual harrassment & harmful sexual behaviour	Mental health - gambling	Impact and spread of misogynistic narratives (incels)	NA
Monday	01 February 2027					
Tuesday	02 February 2027					
Wednesday	03 February 2027					
Thursday	04 February 2027					
Friday	05 February 2027	Importance of Sleep	preventing gender based violence	Mental health - eating disorders	How to challenge misogynistic beliefs and attitudes	NA
Monday	08 February 2027					
Tuesday	09 February 2027					
Wednesday	10 February 2027					
Thursday	11 February 2027					
Friday	12 February 2027	February Half-term				
Monday	15 February 2027					
Tuesday	16 February 2027					
Wednesday	17 February 2027					
Thursday	18 February 2027					
Friday	19 February 2027	Unifrog - what is an entrepreneur?	Unifrog - creating the life you want	Unifrog - taking control of your career journey	Unifrog - wellbeing in the workplace	NA
Monday	22 February 2027					
Tuesday	23 February 2027					
Wednesday	24 February 2027					
Thursday	25 February 2027					
Friday	26 February 2027	What is family?	FGM	Serious & organised crime	Recognising bullying	NA
Monday	01 March 2027					
Tuesday	02 March 2027					
Wednesday	03 March 2027					
Thursday	04 March 2027					
Friday	05 March 2027	Understanding changing relationships	changes during puberty	Gangs - county lines	Challenging Bullying	NA
Monday	08 March 2027					
Tuesday	09 March 2027					
Wednesday	10 March 2027					
Thursday	11 March 2027					
Friday	12 March 2027	Managing change, loss & grief	Body Image	Gangs - knife crime	What is extremism?	NA
Monday	15 March 2027					
Tuesday	16 March 2027					
Wednesday	17 March 2027					
Thursday	18 March 2027					
Friday	19 March 2027	Family courts	Looking after mental health	Cybercrime	How are people drawn into extremist groups?	NA
Monday	22 March 2027					
Tuesday	23 March 2027					
Wednesday	24 March 2027					
Thursday	25 March 2027					
Friday	26 March 2027	Easter Holidays				
Monday	29 March 2027					
Tuesday	30 March 2027					
Wednesday	31 March 2027					
Thursday	01 April 2027					
Friday	02 April 2027					
Monday	05 April 2027					
Tuesday	06 April 2027					
Wednesday	07 April 2027					
Thursday	08 April 2027					
Friday	09 April 2027	Unifrog - what is work life balance?	Unifrog - what does success mean to me?	Unifrog - managing your money	Unifrog - in person, hybrid and remote - what works best?	NA
Monday	12 April 2027					
Tuesday	13 April 2027					
Wednesday	14 April 2027					
Thursday	15 April 2027					
Friday	16 April 2027	Healthy Relationships	Keeping yourself safe - energy drinks	Internet Safety - how to treat others online	Staying Healthy - donating blood and stem cells	NA
Monday	19 April 2027					
Tuesday	20 April 2027					
Wednesday	21 April 2027					
Thursday	22 April 2027					
Friday	23 April 2027	Unhealthy Relationships	Keeping yourself safe -tabacco & nicotine	Internet Safety - harmful online content	Staying Healthy - organ donation	NA
Monday	26 April 2027					
Tuesday	27 April 2027					
Wednesday	28 April 2027					
Thursday	29 April 2027					
Friday	30 April 2027	Peer Pressure	Keeping yourself safe - vaping	Internet Safety - deepfakes	Staying Healthy - self care & GP Appointments (use of pharmacies)	NA
Tuesday	04 May 2027					
Wednesday	05 May 2027					
Thursday	06 May 2027					
Friday	07 May 2027					
Monday	10 May 2027					
Tuesday	11 May 2027					
Wednesday	12 May 2027					
Thursday	13 May 2027					
Friday	14 May 2027					
Monday	17 May 2027					

Tuesday	18 May 2027	Introduction to consent	keeping yourself safe - drugs including THC	Internet Safety - dangers of oversharing	Staying Healthy - mens health & checks	NA
Wednesday	19 May 2027					
Thursday	20 May 2027					
Friday	21 May 2027					
Monday	24 May 2027	Reflections on Y7 & getting ready for Y8	Reflections on Y8 & getting ready for Y9	Reflections on Y9 & getting ready for Y10	Staying Healthy - womens health & checks	NA
Tuesday	25 May 2027					
Wednesday	26 May 2027					
Thursday	27 May 2027					
Friday	28 May 2027	May Half-term				
Monday	31 May 2027					
Tuesday	01 June 2027					
Wednesday	02 June 2027					
Thursday	03 June 2027					
Friday	04 June 2027					
Monday	07 June 2027	Unifrog - careers & the future	Unifrog - careers & the climate	Unifrog - What is labour market information and why is it important?	Unifrog - preparing for work experience	NA
Tuesday	08 June 2027					
Wednesday	09 June 2027					
Thursday	10 June 2027					
Friday	11 June 2027					
Monday	14 June 2027	What is a community?	Climate change and wellbeing	Understanding democracy	Democracy in other countries	NA
Tuesday	15 June 2027					
Wednesday	16 June 2027					
Thursday	17 June 2027					
Friday	18 June 2027					
Monday	21 June 2027	Inclusive Communities - British Values	Identity & community	Political parties in the UK	Laws in other countries	NA
Tuesday	22 June 2027					
Wednesday	23 June 2027					
Thursday	24 June 2027					
Friday	25 June 2027					
Monday	28 June 2027	Inclusive Communities - Protected Characteristics	Diverse & supportive communities	How laws are made in the UK	Importance of a free press (nationally & internationally)	NA
Tuesday	29 June 2027					
Wednesday	30 June 2027					
Thursday	01 July 2027					
Monday	05 July 2027	Inclusive communities - stereotypes	issues faced by communities in the UK	Laws that impact society	Work Experience	NA
Tuesday	06 July 2027					
Wednesday	07 July 2027					
Thursday	08 July 2027					
Friday	09 July 2027					
Monday	12 July 2027	How can young people impact community?	Importance of charity work in the community	Difference between civil & criminal law	Work Experience	NA
Tuesday	13 July 2027					
Wednesday	14 July 2027					
Thursday	15 July 2027					
Friday	16 July 2027					
Monday	19 July 2027	Water & Rail Safety	importance of role models in the community	How does court work?	Work Experience	NA
Tuesday	20 July 2027					
Wednesday	21 July 2027					