



SEND Occupational Therapy Newsletter



Birmingham Families

Sensory Circuit Training

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. Learn about how to structure a sensory circuit through our online training. This training also explores how a sensory circuit can be used within routines such as mealtimes and bedtimes.

Feedback: "The children are always excited to attend. Children have commented it makes them feel calmer"

27th July 2026 09:00-10:30

OR

24th August 09:00-10:30

Virtual training booked via Eventbrite

www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623

Top Tip!

Toileting: Is your child struggling to become independent with toileting?

Toileting is a complex skill that requires sensory processing and both fine and gross motor skills.

To learn more about how to support your child to develop these skills visit Eric Bladder and Bowel Charity www.eric.org.uk and OT Website: www.bhamcommunity.nhs.uk/paediatric-occupational-therapy

Contact Us!

OT Advice Line: Parents, professionals and education staff can contact the OT advice line to gain OT advice and signposting on children's OT needs.

OT Website:

www.bhamcommunity.nhs.uk/paediatric-occupational-therapy

