



Dream • Believe • Achieve

Hodge Hill College

Relationships and Sex Education Policy

Staff member responsible	D Wildig	Legislation	Legislation: statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 – further details are in Annex A.
Date reviewed at last Sub-committee	18/09/2019	Last re-adopted at FGB	15/09/2021
Revision		Last revision date	
Review Due	FGB Autumn Term 2022	Recommended review frequency	GB free to determine

Relationship and Sex Education Policy

1. Introduction

This policy is informed by DFES statutory guidance 'Relationships Education, Relationships and Sex Education (RSE) and Health' 25th June 2019.

RSE is a lifelong learning about physical sexual, moral and emotional development. It provides students with the information they need to develop healthy, nurturing relationships of all kinds. It is about the understanding of the importance of stable and loving relationships, respect, love and care. SRE ensures students know how to keep themselves safe and how to avoid putting themselves in risky situations.

This policy is made available to all staff, new staff at induction and parents on the school website or on request.

2. Aims and Objectives

We aim to provide an environment at Hodge Hill College where young people can develop and flourish. RSE is a fundamental part of our SMSC programme preparing students for the opportunities, responsibilities and experiences of adult life. RSE at Hodge Hill College focuses on relationships and issues that arise from relationships. In delivering RSE it is our aim for pupils to develop a healthy, safer lifestyle.

The school believes that the aim of RSE is to provide students with the knowledge and skills to enable them to make informed and responsible choices, emphasizing the benefits of a healthy lifestyle. Sex and relationship education should contribute to promoting the spiritual, moral, cultural, emotional and physical development of the students and prepare them for the responsibilities and experiences of adult life.

We aim to do the following:

- Promote students' self-esteem and confidence, particularly in their relationships with others
- Give accurate information about reproduction, contraception, sexually transmitted infections, sexuality and sexual relationships
- Help students develop skills to negotiate, avoid and resist unwanted sexual pressure from peers or adults, in person or on-line.
- Help students make healthy choices and avoid risky choices.
- Be responsive to differing needs and backgrounds
- Fulfill statutory requirements and meet local needs
- Ensure students know where to go to get help on a range of issues to do with health and well-being including sexual health.

3. SRE Content and Delivery

RSE will be delivered through a combination of planned curriculum opportunities and whole school approaches. This will take the form of:

- Discreet curriculum time – delivered by a discreet team of trained staff
- Through and in other curriculum areas e.g. RE, Science, English and Computer Science.
- Through activities and school events e.g. off timetable sessions

During the school year there are a number of discrete sessions, where pupils focus on RSE issues. Our SRE curriculum is in line with statutory guidance on RSE. Planning also takes into consideration local priorities reached through agreement with the Child protection and Pastoral team. Some discrete RSE sessions may be in smaller single sex groups in order to provide pupils with an environment where they feel comfortable and in order to enable pupils to get the maximum benefit from each session. For example, Sex Education is delivered in smaller single sex groups.

The school values and encourages the involvement of external agencies and services in supporting the delivery of this area of the curriculum. Where other professionals are to be involved their contribution will be properly planned as part of the overall programme with formal agreement on content, delivery styles and monitoring processes. Their contribution will compliment other teaching and be appropriate to the age and maturity of the students involved. Teachers/support staff will always be involved so they can deal with questions and concern. Below is a description of some of the sessions our external providers deliver:

Loudmouth Education and Training

- Working for Marcus - This programme teaches about a wide range of child exploitation issues including child sexual exploitation, exploitation into crime e.g. county lines and knife crime (Year 11).
- Trust Me - This programme teaches about a wide range of sexual health issues including STI's, contraception and consent (Year 10).
- Safe and Sound - This programme helps young people to stay safe in their intimate relationships and explores abuse in teenage relationships (Year 9).

Riverside Performing Arts

- It's Complicated – This drama covers the themes of sex, relationships, cyber-bullying, social media, selfies, online safety. In the drama the characters negotiate the world of social media, cyber-bullying and relationships.
- Frame of Mind – This drama covers the themes of mental health, social media, stress, anxiety, addiction, future, recovery. The aim of this performance is challenging and equipping young people to better understand who they are and how to navigate the complexities of what goes on in your mind.

Umbrella

- Small group session with trained Young People's Health Advisors on Healthy Relationships, CSE, consent, contraception and STI's (Years 9 – 11).

3. Management and Coordination

In accordance with government guidance the school has an RSE coordinator. The coordinator has responsibility for supporting policy implementation, providing advice and support for teachers, support staff, governors and liaising with outside agencies.

The RSE Coordinator will ensure:

- The RSE curriculum fulfils the statutory requirements for RSE (25th June 2019).
- All teaching will reflect the law including the Equality Act 2010.
- The religious background of all students will be taken into consideration when planning and teaching

- Relationships are forged with the external providers to support curriculum development and access to services
- They lead other key initiatives to support RSE both across school and with relevant outside agencies.
- Ensure that all visitors sessions fit with the planned RSE programme.
- Liaise with the SEND team to ensure that there are no SEND issues
- Liaise with Designated Senior Leader to ensure that provision for students with Child Protection issues to do with Child Sexual Exploitation are handled appropriately.

3. The Right to Withdraw

Parents have the legal right to request to have their child excused from sex education. Sex education is delivered as part of the RSE curriculum. For any child to be withdrawn a request would need to be put in writing to the Head Teacher.

Parents only have the legal right to withdraw children up until three terms before the child turns 16. After that point, if the child wishes to receive sex education rather than be withdrawn, the school would make arrangements to provide the child with sex education.

7. Confidentiality

In the delivery of RSE we will

- Ensure staff, students/parents are aware of the policy on confidentiality and understand individual rights to confidentiality
- Ensure that students are informed of the limits of confidentiality that may be offered by teachers
- Encourage students to talk to their parents or carers and give them support to do so.
- Ensure that all disclosures are referred to the Child Protection team.

The child protection procedures will be followed if there is any possibility of abuse (See Child Protection Policy)

8. Policy Review

This policy will be reviewed by the S.R.E. Coordinator by 13/09/2021
Adopted at Full Governing Body Meeting on 15/09/2021