

# Weekly Bulletin

22 April 2024 - 26 April 2024

Important Dates	
22 April-1 May	GCSE Creative Design Exams
2 May	Year 8 HPV Vaccinations
6 May	Early May Bank Holiday (School Closed)
7 May-18 June	BTEC/GCSE Exams
3 July	Year 6 Induction Day & Welcome Event
5 July	Staff Training Day (School Closed to Pupils)
8 July-18 July	Year 10 Work Experience
19 July	Year 10 Work Experience - Debrief & End of Summer Term
22 August	GCSE Results Day
2 September	Start of Autumn Term & Staff Training Day (School Closed to Pupils)
3 September	Year 7 & 11 Start School
4 September	Year 8, 9 & 10 Start School

## We are becoming a UNICEF UK Rights Respecting School

Hodge Hill College wants to be a school where children's rights are at the heart of our ethos and culture, to improve wellbeing and to develop every child's talents and abilities to their full potential. As part of this plan we are working towards recognition as a Rights Respecting School, an award given to schools on behalf of UNICEF UK.

UNICEF UK works with schools to create safe and inspiring places to learn, where children are respected, their talents are nurtured and they are able to thrive. The Rights Respecting Schools Award supports schools to put in place a set of standards based on equality, dignity, respect, non-discrimination and participation. These values stem from the UN Convention on the Rights of the Child (CRC).

At Hodge Hill College, pupils will learn about their rights by putting them into practice every day. You can find out more about the Award here: [unicef.uk/About\\_RRSA](https://www.unicef.org/uk/about-rights-respecting-schools).

We really hope that you will support our school on our Rights Respecting journey. [Here](#) you will find a few frequently asked questions along with more information UNICEF and the CRC.

## Year 8 HPV Vaccinations

Pupils in Year 8 will receive their first HPV vaccine on 2 May 2024. The vaccinations will take place on school premises, and pupils will be required to attend school as usual. They will be called out of lessons for the vaccinations. Please note that only pupils with parental consent will be vaccinated. If you have already done so, please return your child's consent form to school by 19 April 2024.

If you need more information about the HPV vaccine, please visit <https://www.nhs.uk/conditions/vaccinations/hpv-human-papillomavirus-vaccine/>. Should you have any questions or require further details, please contact the Immunisation Team at 0121 466 3460.

## Useful Links



[Hodge Hill College](#)



[ParentPay](#)



[MyEd](#)



[Birmingham City Council](#)



Connecting parents, students and schools



Download our  
school app  
NOW

Step 1: Go to your app store

1



Step 2: Search for My Ed

2



My Ed

Step 3: Download the app

3

**FREE**  
Download

Information about your student  
and school direct into your pocket.

95%

### Attendance

Keep up to date with your  
child's attendance details.



### Forms

Fill in forms securely on your app  
and return them directly to school.



### Timetables

Get regular updates  
on timetables.



### Key Dates

Important dates the  
school needs you to know.



### News

Access the latest  
school news.



### Info Packs

Digital information packs  
reduces time, hassle & paper.



**GET  
THE  
APP  
HERE**

SCAN ME



Find out more

[www.myedschoolapp.com](http://www.myedschoolapp.com)

## Translate Our School Website Using Google Translator on Chrome

If you need help understanding information on our school's website, Google Chrome has a built-in translation feature that can translate the pages into your preferred language.

To use this, first make sure you have the latest version of Google Chrome installed on your device. Then navigate to our school's website and click on the three-dot menu icon in the top right corner of Chrome. Select "Translate" from the menu. This will bring up a sidebar where you can choose which language you want to translate the page into. Click on your desired language and Chrome will automatically translate everything on the webpage.

The translation may not be completely perfect, but it should help convey the key information and allow you to understand important updates from teachers or the school administration.

This feature works for dozens of popular languages - just select the one you feel most comfortable with.

### Examples:

#### Arabic



#### Bangla



#### Chinese



#### Romanian



#### Polish



#### Urdu



### Homework - Useful Links



[SAM Learning](#)



[ClassCharts](#)



[MathsWatch](#)



[My GCSE Science](#)



[myON](#)

H O D G E   H I L L   C O L L E G E  
**FOOD BANK**

**Every Friday from 1:30pm to 3:00pm in the Studio**

At Hodge Hill College, we have established a food bank specifically for the families of our pupils in light of rising food prices and the cost of living.

We have the following items available:

Pasta | Rice | Cereal | Soup  
Tinned Vegetables | Tinned Fruit | Tinned Fish

**CLICK BELOW TO REGISTER YOUR INTEREST**

**<https://bit.ly/3Uxzi4X>**





## Donations Welcome



### Our Community and the Cost of Living

Now more than ever, with the rising cost of living, many families are feeling the squeeze. As a school, we are actively seeking to do whatever we reasonably can to support our students and their families with these rapidly growing pressures.

We are continuing to open West Canteen to pupils every morning before school between 8:00am and 8:30am to provide a free breakfast including toast and hot drinks. Please encourage your child to attend this, particularly if they arrive early to school in the morning, as it is a supervised space with access to games and other activities.

If you are facing particular hardships, please feel free to get in touch with us here at Hodge Hill College at [householdsupport@hodgehill.bham.sch.uk](mailto:householdsupport@hodgehill.bham.sch.uk). All requests will be treated with the utmost confidentiality and we will look at what support we are able to practically provide. Previous support has included supermarket vouchers, new uniform, school shoes and PE kit.

Further information about support being provided by Birmingham City Council for the cost of living crisis can be found on <https://www.birmingham.gov.uk/livingsupport> and this may be of use to you in signposting where you can get help, support, and advice if you are affected.

We have a second-hand store of pre-loved uniform items, all washed and ready if you need them. Please get in touch with the school at the email address above if you would like to take advantage of this.

### Help in Brum - Cost of Living Crisis

The cost of living crisis is impacting people across Birmingham and we know this is a worrying time for many families. On each page of [this](#) booklet, you'll find useful organisations that can offer support if you are affected by the increased costs of living.

### Uniform Donations

Throughout the year, we kindly request your help in supporting other families in need. If your children have outgrown their old school uniforms, please consider donating them to the School Office. We will collect all donated uniforms and distribute them to students who would greatly benefit from them. Even a single donated item can make a significant difference.

Please make sure to wash the uniforms before donating and ensure they are in good condition. You can send the uniforms with your child or drop them off at the School Office yourself. We appreciate anything you can provide to help clothe and equip students whose families are facing financial difficulties.

Together, we can ensure that all our students feel comfortable, confident, and ready to learn.



# 10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

## 1 PRACTISE WORKLOAD WISDOM

The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and allows them sufficient time to relax and recharge. Work with them in crafting a revision timetable that's manageable and includes breaks and occasional days off.

## 2 ADVISE CLEARING THE CLUTTER

A disorganised work environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desk, notes and revision materials tidy – creating a dedicated, well-kept study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision notes.

## 3 MASTER THE MATERIALS TOGETHER

Revision seems far harder when a child is uncertain where to begin or what sources to consult. Support them in confirming revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anxiety.

## 4 RECOMMEND CREATIVE NOTE-TAKING

Writing out notes in full – rather than simply bullet pointing – can be a strong start to a child's revision. Reinforce this idea, encouraging the use of flashcards (featuring shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

## 5 USE VISUAL AIDS AND MNEMONICS

Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

SMILE

## 6 GATHER A 'TECH TOOLKIT'

Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational podcasts for revision and reminders when young people are on the go.

## 7 KEEP IT FUN

Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

## 8 SUGGEST ACTIVE REVISION STRATEGIES

Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.

## 9 ENCOURAGE A POSITIVE MINDSET

It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

## 10 HELP THEM TO SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategies – such as arriving early, reading the instructions and the questions carefully, and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Penistone Grammar School.



The National College



## **Restorative Approaches – Reminder from West Midlands Police**

We are aware that conflicts can occur in the school setting, between students, which can evoke a strong emotional response within the students themselves, and also their wider family. It's important that this emotional response doesn't escalate matters into incidents of violence either within school or out in the wider community.

Click [here](#) to continue reading.

## **Zero Tolerance**

Please note that Hodge Hill College operates a zero-tolerance policy about verbal and physical aggression.

If you become abusive towards a member of staff, we will need to:

- Close down any conversation and not speak with you any further
- Ask you to leave and come back another time
- If necessary, call the police for assistance

Please be respectful of our staff in the School Office team. They will do their best to help you but in a large school with several buildings, over 150 members of staff, and approximately 1200 pupils, they may not always be able to find out what you want to know or locate a member of staff immediately, so please be patient.

## **Is my child too ill for school?**

We know that, at this time of year, children pick up winter bugs and illnesses. However, please remember that children can come to school with some illnesses if they feel well enough. NHS guidance is available at <http://bit.ly/3hD7ryQ>.

## **Medical Appointments During the School Day**

In order to ensure that your child's learning is not disrupted, it is strongly recommended that non-urgent GP, dentist, or optometrist appointments are scheduled outside of school hours.

If your child has a hospital appointment or requires specialist medical care, please inform the school in advance. You can do so by sending a photo of the appointment letter via MyEd or by submitting it in person to the School Office. A copy of the letter will then be sent to your child's AC and AAC to authorise the absence.

## **Medication**

As a parent or carer, it is your responsibility to provide the school with accurate and updated information regarding your child's medical needs. You should also be involved in developing and reviewing your child's individual healthcare plan.

If your child has any medical needs or needs to take medication during school hours, please visit the School Office to complete a Parental Medical Consent Form and drop off any medication that needs to be kept in school.

If your child has asthma, we highly recommend that they always carry an inhaler with them. Please provide us with an inhaler by dropping it off at the School Office in case of any emergencies, and completing the consent form.

## **Contact Details**

Please remember to inform the school of any changes to your contact details. This is important because we may need to contact you if your child is injured or taken ill, to provide you with information about trips and closures or to send you reminders and cancellations of any event. Please update and submit any new details via the Change of Pupils Details Form on the MyEd app. Alternatively, you may visit the School Office to complete an electronic/paper copy of the form.

## **Confiscated Items**

If a pupil has an item confiscated, their parents/carers can pick it up from the Main Office after school on the same day. If they cannot collect it on the same day, the parent/carers must pick it up on another day after school. Pupils are not permitted to collect the item.

# flu: 5 reasons to have the vaccine

## 1. Protect yourself

The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia

## 2. Protect your family and friends

Having the vaccine will help protect more vulnerable friends and family

## 3. No injection needed

The nasal spray is painless and easy to have

## 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record

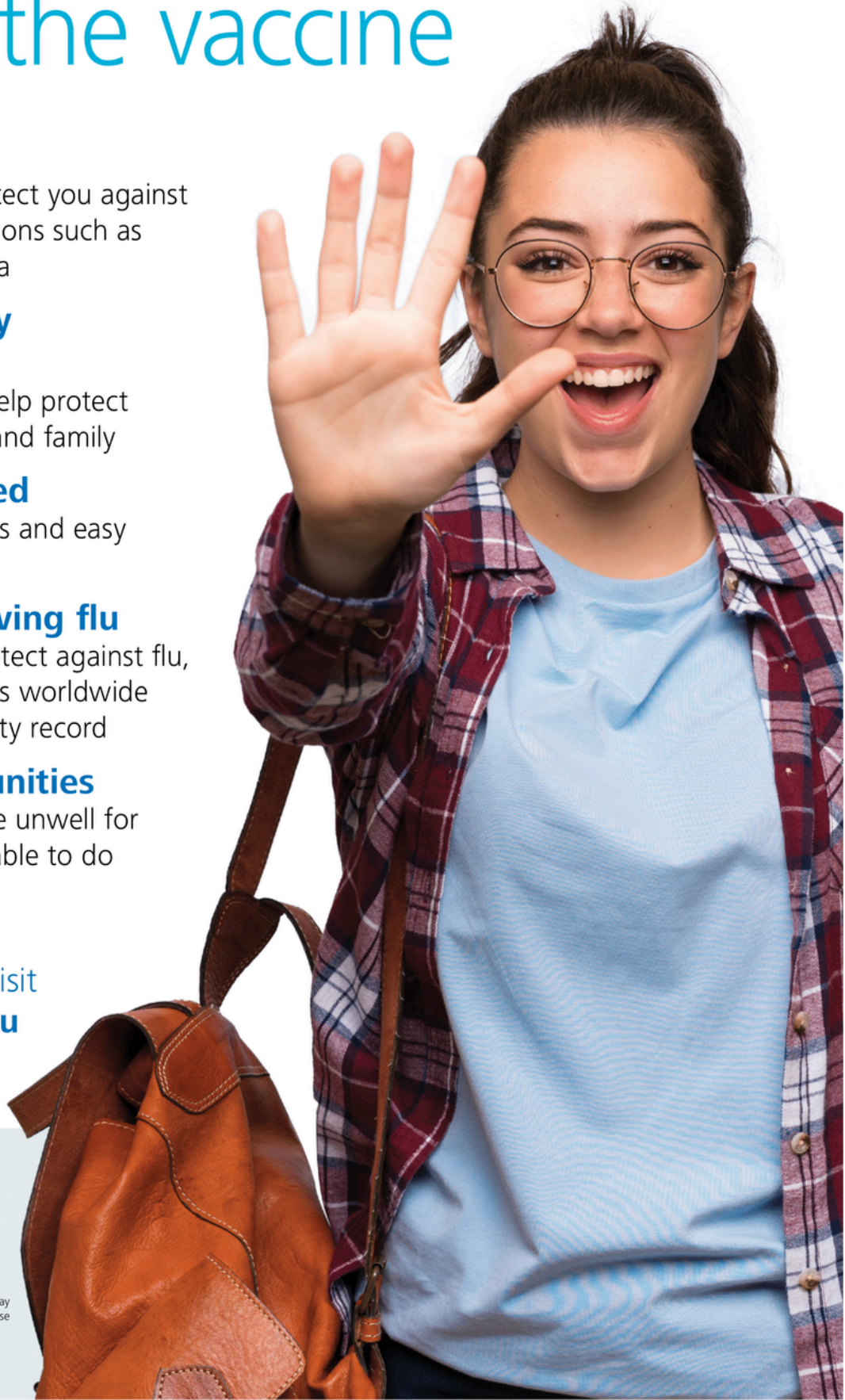
## 5. Avoid lost opportunities

If you get flu, you may be unwell for several days and not be able to do the things you enjoy

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu**  **mmunisation**

Helping to protect you against flu





## Detentions

Hodge Hill College operates a detention system. If your child is late, misbehaves or doesn't hand in their homework on time, they will be given detention at lunchtime or up to 30 minutes at the end of the day. You will usually get a text or an in-app message on MyEd to inform you. Please ensure your contact details are up to date. For more serious matters, staff can issue an hour's detentions after school without giving parents/carers notice.

### What the Law Allows

- Teachers have the power to issue detention to students (aged under 18)
- Schools must make clear to students and parents/carers that they use detention (including detention outside of school hours) as a sanction
- The times outside normal school hours when detention can be given (the 'permitted day of detention') include:
  - any school day where the student does not have permission to be absent
  - weekends - except the weekend preceding or following the half-term break
  - non-teaching days – usually referred to as 'training days', 'INSET days' or 'non-contact days'
- Parental consent is not required for detentions
- As with any disciplinary penalty, a member of staff must act reasonably given all the circumstances

The Government's summary on behaviour and discipline in schools can be read online at: <https://bit.ly/39yoRFb>.

## Uniform & Standards

As part of the school's continued drive to improve standards, we would like all pupils to consistently adhere to the expectations on appearance, conduct and equipment. We are a professional environment and as such, we need all pupils to look smart, professionally conduct themselves and come equipped for their learning.

If a pupil does not meet the standards consistently, they will sit a 30-minute detention. We must have your support to raise our standards collectively. Please can we remind you that pupils are not permitted to wear nose studs and patterns and lines are not to be shaved into hairstyles or eyebrows.

If there are any problems in acquiring uniform, please contact the school and we will endeavour to work with you to address these issues. Such cases will be treated with due sensitivity and confidence.

Our full school uniform and PE kit list can be found at <https://www.hodgehill.bham.sch.uk/uniform>.

## Year 11 After-school Tuition

As Year 11 pupils prepare for their important GCSE exams, we are pleased to offer after-school tuition sessions on Thursday afternoons from 2:40pm-3:30pm. Our teachers have designed these bespoke sessions to equip pupils with the skills and knowledge needed for exam success.

Regular participation in these sessions will give pupils that extra push when it matters most. We would like to see every pupil reach their full academic potential and achieve the strongest exam results possible.

Attendance at Thursday's after-school tuition is compulsory for all Year 11s. Please support your child by ensuring they attend each week.

This term's tuition timetable is available at <https://www.hodgehill.bham.sch.uk/tuition>.

## Extra-curricular Activities & Clubs

At Hodge Hill College, our enrichment and extra-curricular provision provides our pupils with a breadth and balance of activities designed to broaden their horizons, allowing them to develop their own interests and talents. The programme is an extension of the school's curriculum and builds on our CARE brand whilst instilling British Values.

We offer quality provision which provides our pupils with a number of opportunities to develop their resilience, character and performance. Our sports provision has continued to improve to develop pupils physically and mentally.

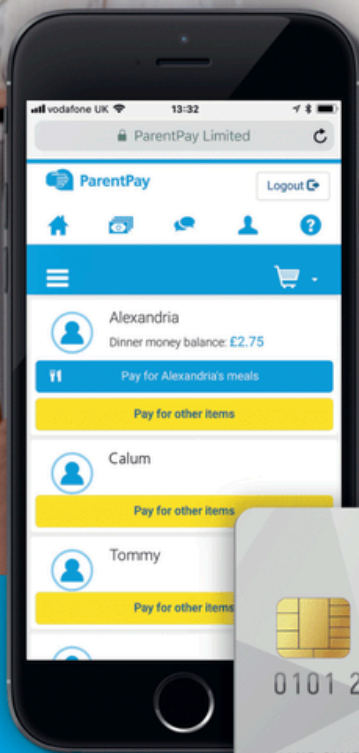
**Please note, that all pupils must sign in at reception upon arrival for before-school sessions each morning.**

For more information and the activities timetable, please visit: <https://www.hodgehill.bham.sch.uk/extracurricular>.

# THE EASY WAY TO PAY

We're using ParentPay so parents  
can easily pay online for school  
dinners, trips and clubs.

**No stress, hassle free.**



**SIMPLE  
QUICK  
SAFE**



[www.parentpay.com](http://www.parentpay.com)



**ParentPay**  
COUNT ON US

**VISA**

**VISA Checkout**



## ParentPay

ParentPay enables parents/carers to make secure payments for their child's lunches and school trips.

### ParentPay Activation

When pupils join Hodge Hill College, parents/carers are issued with a ParentPay Activation Letter that contains a temporary ParentPay username and password. As part of the account activation, the parent/carer will need to choose an email address and new password to use with ParentPay. Parents/carers should follow the instructions in the letter, and on [www.parentpay.com](http://www.parentpay.com) to successfully activate their account. If you have more than one child at our school or have children in other schools that use ParentPay, you can create a single account to manage them all.

### Forgotten Password

If a parent/carer can't get into their ParentPay account, they should go to [www.parentpay.com](http://www.parentpay.com) > For Parents > Parent Login, and click on the "Forgotten password" link. Parents/carers should not need to contact school to regain access to ParentPay accounts.

### Outstanding Balances

If you have an unpaid balance on your child's ParentPay account, we kindly request you to settle it as soon as possible by logging into your account.

If you need help with adding credit to the account, please visit the School Office with your debit card.

### FAQs & More Information

- FAQs: [www.hodgehill.bham.sch.uk/parentpay](http://www.hodgehill.bham.sch.uk/parentpay)
- More information: [www.parentpay.com](http://www.parentpay.com)
- Call the School Office: 0121 783 7807

## Free School Meals

### Who is eligible for Free School Meals?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

### Apply for Free School Meals

We encourage you to apply for Free School Meals through the online service found on our website: [www.hodgehill.bham.sch.uk/freeschoolmeals](http://www.hodgehill.bham.sch.uk/freeschoolmeals). You can also telephone (0121 783 7807) or come into school and complete a Free School Meals application online with a member of staff if you prefer.

Please make sure you have the National Insurance Number with you for the named person who receives either working tax credit/child tax credit and we will be happy to help.

## Weekly Lunch Menu

The school lunch menus are available to view online and provide an overview of the menu items that will be served each day: <https://www.hodgehill.bham.sch.uk/lunch>.



Responsibly sourced,  
Safe British Produce,  
Good Animal Welfare.



Organic Product Suppliers



Healthy Food  
Fresh Ingredients  
75% freshly prepared



Highest Standards in UK  
Egg Production



Wild fish or Seafood from  
Sustainable Fishing



FAIRTRADE Sourced Ingredients



Sustainably Farmed Products



Commitment to ongoing  
environmental improvement.





# B.Y.O.B

BRING YOUR OWN BOTTLE

As part of our move towards sustainability,  
single-use plastic cups are no longer  
available in school.

All pupils must take responsibility for  
bringing in their own reusable water bottle.



