### Weekly Bulletin

8 April 2024 - 12 April 2024

Important Dates	
15-19 April	GCSE Speaking Exams
22 April-3 May	GCSE Creative Design Exams
2 May	Year 8 HPV Vaccinations
6 May	Early May Bank Holiday (School Closed)
7 May-18 June	BTEC/GCSE Exams

### Year 7 Parents' Evening



Parents' Evening is very important for all parents/carers, students and teachers. The evening will provide teachers with an opportunity to discuss your child's academic progress and crucially give advice on suggested next steps to secure further improvements.

We place a huge emphasis on working in partnership with families and, therefore, you must take this opportunity to discuss with teachers how your child is performing in relation to their potential and what could be done together to further support your child.

All students will be given their latest report during the evening and this should form the basis for discussion around attainment and effort. Teaching staff will be available from 3.30pm and 6.30pm to meet with you. If you wish to see all of your child's teachers, please allow at least an hour and a half and arrive no later than 5:00pm.

### **Year 8 HPV Vaccinations**

Pupils in Year 8 will receive their first HPV vaccine on <u>2 May 2024</u>. The vaccinations will take place on school premises, and pupils will be required to attend school as usual. They will be called out of lessons for the vaccinations. Please note that only pupils with parental consent will be vaccinated. If you have already done so, please return your child's consent form to school by 19 April 2024.

If you need more information about the HPV vaccine, please visit <a href="https://www.nhs.uk/conditions/vaccinations/hpv-human-papillomavirus-vaccine/">https://www.nhs.uk/conditions/vaccinations/hpv-human-papillomavirus-vaccine/</a>. Should you have any questions or require further details, please contact the Immunisation Team at 0121 466 3460.

### **Useful Links**









Hodge Hill College

ParentPay

MyEd

Birmingham City Council





## FOOD BANK

Every Friday from 1:30pm to 3:00pm in the Studio

At Hodge Hill College, we have established a food bank specifically for the families of our pupils in light of rising food prices and the cost of living.

We have the following items available:

Pasta | Rice | Cereal | Soup Tinned Vegetables | Tinned Fruit | Tinned Fish

**CLICK BELOW TO REGISTER YOUR INTEREST** 

https://bit.ly/3Uxzi4X





At Hodge Hill College, we have established a food bank specifically for the families of our pupils in light of rising food prices and the cost of living. We welcome the following donations:

Pasta | Rice | Cereal | Soup | Tinned Vegetables | Tinned Fruit | Tinned Fish



### Our Community and the Cost of Living

Now more than ever, with the rising cost of living, many families are feeling the squeeze. As a school, we are actively seeking to do whatever we reasonably can to support our students and their families with these rapidly growing pressures.

We are continuing to open West Canteen to pupils every morning before school between 8:00am and 8:30am to provide a free breakfast including toast and hot drinks. Please encourage your child to attend this, particularly if they arrive early to school in the morning, as it is a supervised space with access to games and other activities.

If you are facing particular hardships, please feel free to get in touch with us here at Hodge Hill College at <a href="https://hodgehill.bham.sch.uk">hodgehill.bham.sch.uk</a>. All requests will be treated with the utmost confidentiality and we will look at what support we are able to practically provide. Previous support has included supermarket vouchers, new uniform, school shoes and PE kit.

Further information about support being provided by Birmingham City Council for the cost of living crisis can be found on <a href="https://www.birmingham.gov.uk/livingsupport">https://www.birmingham.gov.uk/livingsupport</a> and this may be of use to you in signposting where you can get help, support, and advice if you are affected.

We have a second-hand store of pre-loved uniform items, all washed and ready if you need them. Please get in touch with the school at the email address above if you would like to take advantage of this.

### **Help in Brum - Cost of Living Crisis**

The cost of living crisis is impacting people across Birmingham and we know this is a worrying time for many families. On each page of <u>this</u> booklet, you'll find useful organisations that can offer support if you are affected by the increased costs of living.

### **Uniform Donations**

Throughout the year, we kindly request your help in supporting other families in need. If your children have outgrown their old school uniforms, please consider donating them to the School Office. We will collect all donated uniforms and distribute them to students who would greatly benefit from them. Even a single donated item can make a significant difference.

Please make sure to wash the uniforms before donating and ensure they are in good condition. You can send the uniforms with your child or drop them off at the School Office yourself. We appreciate anything you can provide to help clothe and equip students whose families are facing financial difficulties.

Together, we can ensure that all our students feel comfortable, confident, and ready to learn.



Connecting parents, students and schools



**Step 1:** Go to your app store

**Step 2:** Search for My Ed

**Step 3:** Download the app









3

FREE Download

## Information about your student and school direct into your pocket.



### **Attendance**

Keep up to date with your child's attendance details.



### Forms

Fill in forms securely on your app and return them directly to school.



### **Timetables**

Get regular updates on timetables.



### **Key Dates**

Important dates the school needs you to know.



### **New**:

Access the latest school news.



### **Info Packs**

Digital information packs reduces time, hassle & paper.



Find out more

### **Translate Our School Website Using Google Translator on Chrome**

If you need help understanding information on our school's website, Google Chrome has a built-in translation feature that can translate the pages into your preferred language.

To use this, first make sure you have the latest version of Google Chrome installed on your device. Then navigate to our school's website and <u>click on the three-dot menu icon</u> in the top right corner of Chrome. Select <u>"Translate"</u> from the menu. This will bring up a sidebar where you can choose which language you want to translate the page into. <u>Click on your desired language</u> and Chrome will automatically translate everything on the webpage.

The translation may not be completely perfect, but it should help convey the key information and allow you to understand important updates from teachers or the school administration.

This feature works for dozens of popular languages - just select the one you feel most comfortable with.

### **Examples:**

### Arabic



### Bangla



### Chinese



### Romanian



### Polish



Urdu



### **Homework - Useful Links**











**SAM Learning** 

ClassCharts

**MathsWatch** 

My GCSE Science

**myON** 

### 10 Top Tips for Parents and Educators

## **ENCOURAGING OPEN**

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home

### CREATE A SAFE



Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them - especially if their opinions differ from your

### CONSIDER OTHER OUTLETS

Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

### **NORMALISE CHATS** ABOUT FEELINGS

incorporate mental health and emotional eing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask question like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently? and "Is there anything you want to talk about?"

### LISTEN ACTIVELY

When children express themselves, make it When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push though difficulties and handle they learn to push though difficulties and handle

### ASK OPEN QUESTIONS

Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

### RESPECT THEIR BOUNDARIES



If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them wheneve they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

### LEAD BY EXAMPLE

Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

### HAVE REGULAR CHECK-INS

Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

### PROVIDE RESOURCES

It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children

### CELEBRATE EMOTIONAL **EXPRESSION**

It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

### Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.





The National College

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f /wuw.thenationalcollege



(a) @wake.up.wednesday



### **Restorative Approaches – Reminder from West Midlands Police**

We are aware that conflicts can occur in the school setting, between students, which can evoke a strong emotional response within the students themselves, and also their wider family. It's important that this emotional response doesn't escalate matters into incidents of violence either within school or out in the wider community.

Click here to continue reading.

### **Zero Tolerance**

Please note that Hodge Hill College operates a zero-tolerance policy about verbal and physical aggression.

If you become abusive towards a member of staff, we will need to:

- · Close down any conversation and not speak with you any further
- · Ask you to leave and come back another time
- · If necessary, call the police for assistance

Please be respectful of our staff in the School Office team. They will do their best to help you but in a large school with several buildings, over 150 members of staff, and approximately 1200 pupils, they may not always be able to find out what you want to know or locate a member of staff immediately, so please be patient.

### Is my child too ill for school?

We know that, at this time of year, children pick up winter bugs and illnesses. However, please remember that children can come to school with some illnesses if they feel well enough. NHS guidance is available at <a href="http://bit.ly/3hD7ryQ">http://bit.ly/3hD7ryQ</a>.

### **Medical Appointments During the School Day**

In order to ensure that your child's learning is not disrupted, it is strongly recommended that non-urgent GP, dentist, or optometrist appointments are scheduled outside of school hours.

If your child has a hospital appointment or requires specialist medical care, please inform the school in advance. You can do so by sending a photo of the appointment letter via MyEd or by submitting it in person to the School Office. A copy of the letter will then be sent to your child's AC and AAC to authorise the absence.

### Medication

As a parent or carer, it is your responsibility to provide the school with accurate and updated information regarding your child's medical needs. You should also be involved in developing and reviewing your child's individual healthcare plan.

If your child has any medical needs or needs to take medication during school hours, please visit the School Office to complete a Parental Medical Consent Form and drop off any medication that needs to be kept in school.

If your child has asthma, we highly recommend that they always carry an inhaler with them. Please provide us with an inhaler by dropping it off at the School Office in case of any emergencies, and completing the consent form.

### **Contact Details**

Please remember to inform the school of any changes to your contact details. This is important because we may need to contact you if your child is injured or taken ill, to provide you with information about trips and closures or to send you reminders and cancellations of any event. Please update and submit any new details via the Change of Pupils Details Form on the MyEd app. Alternatively, you may visit the School Office to complete an electronic/paper copy of the form.

### **Confiscated Items**

If a pupil has an item confiscated, their parents/carers can pick it up from the Main Office after school on the same day. If they cannot collect it on the same day, the parent/carer must pick it up on another day after school. Pupils are not permitted to collect the item.



### Chicken Tikka Masala with Rice & Naan Bread

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Roasted Vegetable Masala with Rice & Naan Bread

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**Fruit Platter** 

### **Detentions**

Hodge Hill College operates a detention system. If your child is late, misbehaves or doesn't hand in their homework on time, they will be given detention at lunchtime or up to 30 minutes at the end of the day. You will usually get a text or an in-app message on <u>MyEd</u> to inform you. Please ensure your contact details are up to date. For more serious matters, staff can issue an hour's detentions after school without giving parents/carers notice.

### What the Law Allows

- Teachers have the power to issue detention to students (aged under 18)
- Schools must make clear to students and parents/carers that they use detention (including detention outside of school hours) as a sanction
- The times outside normal school hours when detention can be given (the 'permitted day of detention') include:
  - any school day where the student does not have permission to be absent
  - weekends except the weekend preceding or following the half-term break
  - non-teaching days usually referred to as 'training days', 'INSET days' or 'non-contact days'
- Parental consent is not required for detentions
- · As with any disciplinary penalty, a member of staff must act reasonably given all the circumstances

The Government's summary on behaviour and discipline in schools can be read online at: https://bit.ly/39yoRFb.

### **Uniform & Standards**

As part of the school's continued drive to improve standards, we would like all pupils to consistently adhere to the expectations on appearance, conduct and equipment. We are a professional environment and as such, we need all pupils to look smart, professionally conduct themselves and come equipped for their learning.

If a pupil does not meet the standards consistently, they will sit a 30-minute detention. We must have your support to raise our standards collectively. Please can we remind you that pupils are not permitted to wear nose studs and patterns and lines are not to be shaved into hairstyles or eyebrows.

If there are any problems in acquiring uniform, please contact the school and we will endeavour to work with you to address these issues. Such cases will be treated with due sensitivity and confidence.

Our full school uniform and PE kit list can be found at https://www.hodgehill.bham.sch.uk/uniform.

### **Year 11 After-school Tuition**

As Year 11 pupils prepare for their important GCSE exams, we are pleased to offer after-school tuition sessions on Thursday afternoons from 2:40pm-3:30pm. Our teachers have designed these bespoke sessions to equip pupils with the skills and knowledge needed for exam success.

Regular participation in these sessions will give pupils that extra push when it matters most. We would like to see every pupil reach their full academic potential and achieve the strongest exam results possible.

Attendance at Thursday's after-school tuition is compulsory for all Year 11s. Please support your child by ensuring they attend each week.

This term's tuition timetable is available at <a href="https://www.hodgehill.bham.sch.uk/tuition">https://www.hodgehill.bham.sch.uk/tuition</a>.

### **Extra-curricular Activities & Clubs**

At Hodge Hill College, our enrichment and extra-curricular provision provides our pupils with a breadth and balance of activities designed to broad their horizons, allowing them to develop their own interests and talents. The programme is an extension of the school's curriculum and builds on our CARE brand whilst instilling British Values.

We offer quality provision which provides our pupils with a number of opportunities to develop their resilience, character and performance. Our sports provision has continued to improve to develop pupils physically and mentally.

Please note, that all pupils must sign in at reception upon arrival for before-school sessions each morning.

For more information and the activities timetable, please visit: <a href="https://www.hodgehill.bham.sch.uk/extracurricular">https://www.hodgehill.bham.sch.uk/extracurricular</a>.

# THE EASY WAY TO PAY We're using ParentPay

We're using ParentPay so parents can easily pay online for school dinners, trips and clubs.

No stress, hassle free.



**f y in** www.parentpay.com













### **ParentPay**

ParentPay enables parents/carers to make secure payments for their child's lunches and school trips.

### ParentPay Activation

When pupils join Hodge Hill College, parents/carers are issued with a ParentPay Activation Letter that contains a temporary ParentPay username and password. As part of the account activation, the parent/carer will need to choose an email address and new password to use with ParentPay. Parents/carers should follow the instructions in the letter, and on www.parentpay.com to successfully activate their account. If you have more than one child at our school or have children in other schools that use ParentPay, you can create a single account to manage them all.

### **Forgotten Password**

If a parent/carer can't get into their ParentPay account, they should go to www.parentpay.com > For Parents > Parent Login, and click on the "Forgotten password" link. Parents/carers should not need to contact school to regain access to ParentPay accounts.

### **Outstanding Balances**

If you have an unpaid balance on your child's ParentPay account, we kindly request you to settle it as soon as possible by logging into your account.

If you need help with adding credit to the account, please visit the School Office with your debit card.

### **FAQs & More Information**

- FAQs: www.hodgehill.bham.sch.uk/parentpay
- More information: www.parentpay.com
- Call the School Office: 0121 783 7807

### **Free School Meals**

### Who is eligible for Free School Meals?

Your child may be able to get free school meals if you get any of the following:

- Income Support
- · income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- · support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- · Working Tax Credit run-on paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

### **Apply for Free School Meals**

We encourage you to apply for Free School Meals through the online service found on our website: <a href="https://www.hodgehill.bham.sch.uk/freeschoolmeals">www.hodgehill.bham.sch.uk/freeschoolmeals</a>. You can also telephone (0121 783 7807) or come into school and complete a Free School Meals application online with a member of staff if you prefer.

Please make sure you have the National Insurance Number with you for the named person who receives either working tax credit/child tax credit and we will be happy to help.

### **Weekly Lunch Menu**

The school lunch menus are available to view online and provide an overview of the menu items that will be served each day: <a href="https://www.hodgehill.bham.sch.uk/lunch">https://www.hodgehill.bham.sch.uk/lunch</a>.

















Food Highest Standard

Wild fish or Seafood from

Sustainably Farmed Produ

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# B.Y.O.B BRING YOUR OWN BOTTLE

As part of our move towards sustainability, single-use plastic cups are no longer available in school.

All pupils must take responsibility for bringing in their own reusable water bottle.





