

4 April 2024

PSHE Curriculum

Dear Parent/Carer,

As a part of your child's education at Hodge Hill College, we promote personal well-being and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential. Our PSHE programme is delivered through form-time activities to all year groups and through our Personal Development weekly lessons to pupils in Years 7, 8 and 9.

I am writing to let you know that, over the next half-term, starting on 8 April 2024, your child's class will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme.

RSE lessons in Years 8 and 9 during this half-term will include teaching about healthy relationships, including friendships and intimate relationships; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; and developing self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group. It is monitored and reviewed regularly by the staff and governing body and follows statutory curriculum requirements as set out by the Department for Education.

Please visit the school's website <https://www.hodgehill.bham.sch.uk/pshe> for more details about our PSHE curriculum and to see the resources that are being shared with pupils.

Please note that as lesson content for Personal Development lessons is still being finalised, information on the link provided will be updated routinely from the week beginning 8 April 2024 to reflect the most recent lesson content and resources shared with pupils. All PSHE teaching takes place in a safe learning environment and is underpinned by our school CARE brand; courtesy, achievement, respect and excellence.

As a school community, we are committed to working in partnership with parents. If you would like to discuss these lessons, and your child taking part in them, as covered in our [Relationship, Sex and Health Education Policy](#), please email personaldevelopment@hodgehill.bham.sch.uk and a member of staff will be happy to discuss this.

Yours faithfully,



Hannah Herrmann
Headteacher